International Day of Yoga on 21.06.2025

Shri Ajay Kumar Bhalla, Hon'ble Governor of Manipur graced the International Day of Yoga-2025 at Khuman Lampak Indoor Stadium, Imphal on 21st June, 2025. Over 900 participants, including students, government officials, yoga practitioners, security personnel and members of the public, gathered to mark the occasion. This year's theme 'Yoga for One Earth, One Health," as per the guidelines issued by the Ministry of AYUSH, Government of India. A special yoga session was observed at Raj Bhavan Durbar Hall, encouraging all to make yoga a part of everyday life.